CONFERENCE

HOW TO GET TO THE MELBOURNE BRAIN CENTRE:

The Melbourne Brain Centre is located in:

The Kenneth Myer Building,
The University of Melbourne
30 Royal Parade, Parkville (cnr Genetics Lane)
Melbourne, Victoria

PARKING:

Underground parking available; metered parking on Royal Parade.

PUBLIC TRANSPORT:

Tram 19 (from Elizabeth Street, Melbourne city).
Get off at Stop 11. The Kenneth Myer Building is located across the road.

CONFERENCE PRICE

Prices have been kept at a minimum thanks to the generous support of our sponsors.
The price includes all sessions, a gourmet lunch and a pack to take home for all attendees.

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<th>STANDARD</th>
<th>EARLY BIRD Pay by 6 Aug</th>
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<tbody>
<tr>
<td>Adult</td>
<td>$40.00</td>
<td>$30.00</td>
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<tr>
<td>Concession</td>
<td>$20.00</td>
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<tr>
<td>Book 5 Group Discount</td>
<td>$150.00</td>
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ENQUIRIES

Please contact Therese Raulin:
0408 120 002 or email therese.raulin@casse.org.au

Presented by CASSE
Creating A Safe Supportive Environment
www.casse.org.au

Online Registration available at
www.trybooking.com/94285

Parent Conference
Wednesday, 27 August 2014

Peaceful Schools, Peaceful Parents:
A Powerful Partnership to Maximise Student Performance and Wellbeing
A parent’s ability to remain calm, think through issues and consider the wellbeing of all concerned when their child is in a difficult situation has a very powerful effect on how a child or teenager copes with adversity, conflict, bullying and violence. This can be difficult at the best of times. When a parent is struggling themselves, it can seem close to impossible.

Join us at a Conference designed specifically for parents: one that informs, teaches and celebrates the difficult role of parents in dealing with children and teens, particularly in stressful and emotional situations.

**CONFERENCE AIMS**

The aim of the conference is to provide a forum for parents and carers to access experts in public health, mental health and teaching and to develop skills to assist their children, teenagers, and their schools in dealing with conflict, bullying and violence in order to create more peaceful schools.

It has been recognised that there is a gaping hole in the prevention of bullying in schools: the education and engagement of parents.

“There is a real need to ‘upskill’ parents and give them the opportunity to take the lead in preventing bullying.”

**WHO SHOULD ATTEND?**

Parents and Carers, parent educators, professionals working with parents, school wellness coordinators, family support agencies. Anyone interested in helping children and teenagers in dealing with bullying, stress and key mental health issues.

A highlight of the Conference will be the announcement of the winners of the inaugural CASSE Peaceful Schools Program Parent Hero Awards, and the presentation of the first “Celebrity Parent Hero Award”.

We are very excited to be able to provide parents with direct access to experts in public health, mental health, teaching and the prevention of conflict and bullying.

**CONFERENCE PROGRAM**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10.00</td>
<td>Welcome Address: The importance of building relationships with your child/teen</td>
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<tr>
<td>10.15</td>
<td>Keynote: Professor Rob Moodie</td>
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<tr>
<td>11.00</td>
<td>Partnering with your child to survive and thrive: top tips to support your child/teen in understanding, intervening and managing bullying &amp; stress.</td>
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<tr>
<td>11.45</td>
<td>Parent Hero Awards</td>
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<tr>
<td>12.00</td>
<td>Lunch</td>
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<tr>
<td>12.45</td>
<td>Cyber Bullying: Recognising the signs: ways you can work with your child to combat this ever present danger.</td>
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<tr>
<td>1.15</td>
<td>CASSE Peaceful Schools Program – Who we are, why the program is different, and how to initiate implementation in your school.</td>
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<tr>
<td>1.45</td>
<td>Celebrity Parent Hero Award: Jo Stanley - includes a Question and Answer session with Jo.</td>
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<td>2.00</td>
<td>Conference close</td>
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**CELEBRITY PARENT HERO: JO STANLEY**

We are thrilled to have Jo Stanley: comedian, writer, actor, presenter - and mum of Willow - attend the conference to receive the inaugural “Celebrity Parent Hero Award”. Jo is a regular on our TV screens (including Channel 10’s ‘The Project’), and spent 10 years on Fox FM’s Matt & Jo Show.

**PROFESSOR ROB MOODIE**

Keynote Speaker, Professor Rob Moodie, is currently Professor of Public Health at the Melbourne School of Population Health, Melbourne University, and previously the inaugural Chair of Global health at the Nossal Institute.

Professor Moodie is also the father of two children and was named Victorian Father of the Year in 2005.

**CAROLYN ASTON**

Carolyn is a Child/Adolescent Psychoanalytic Psychotherapist and the Peaceful Schools Program Director. She has spent over 20 years as a mental health clinician working with schools, children, teens, & parents.

**THERESE RAULIN**

Therese Raulin has a masters degree in child psychoanalytic psychotherapy and has many years experience working with schools both as a consultant to leadership on wellbeing issues and as a mental health clinician.