NATIONAL COSTUME DAY

Wednesday 22 May

Come dressed in National Costume or the National colours of a country of their choice.

You can choose your or your family’s country of birth, a country you’ve visited or a country that you have a special interest in. **Time to get creative!**

Items to think about include clothes, hats or flags - you might even like to make a sign with the name of your country!

CURRICULUM DAY

Friday 24 May

[next week]

NO SCHOOL for all students

EDUCATION WEEK

World Wise Global Focus

Monday 20 May

Open Morning .......................................................... 9.30 - 10.30am
Assembly ........................................................................ 3.00 - 3.30pm
Open Night ...................................................................... 6.00 - 8.00pm

Art Room Art activities and displays
Classrooms Variety of learning activities
Computer Lab Macs, iPod Touches, iPads
Foyer Physical Education Presentation
Library Book Fair 6 - 8pm (also Tue 3.30 - 4.30pm)
LOTE Explorerium and Chinese Tea activities
Performances:
Rangatahi 6.15pm Preps - Mandarrn Song
7.45pm Milgate Choir

SAUSAGE SIZZLE 5.30 - 6.30pm

Wednesday 22 May

National Costume Day and parade ........................................... 9.15am
Grandparents Day also for relatives / special friends .................. 12.00 - 1.00pm

Thursday 23 May

WALA African Drumming and dance performance for all classes - 9.45am | 11.30am | 2pm

SCHOOL TOURS available during Open Morning & Night
## DIARY DATES 2013

### TERM 2

**Monday 15 April – Friday 28 June**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 20 – 24 May</td>
<td>Education Week</td>
</tr>
<tr>
<td>Mon 20 May</td>
<td>Assembly - Preps</td>
</tr>
<tr>
<td>Mon 20 May</td>
<td>OPEN DAY [9.30 – 10.30am and 6.00 – 8.00pm]</td>
</tr>
<tr>
<td>Mon 20 May</td>
<td>BOOK FAIR – Library [6.00 – 8.00pm]</td>
</tr>
<tr>
<td>Tue 21 May</td>
<td>ICAS Test – Computer Skills</td>
</tr>
<tr>
<td>Tue 21 May</td>
<td>BOOK FAIR – Library [3.30 – 4.30pm]</td>
</tr>
<tr>
<td>Wed 22 May</td>
<td>Grandparents / Family Friends Day / National Costume Day &amp; Parade [9.15am in Stadium]</td>
</tr>
<tr>
<td>Thu 23 May</td>
<td>WALA Performance in Stadium</td>
</tr>
<tr>
<td>Fri 24 May</td>
<td>Curriculum Day - NO STUDENTS</td>
</tr>
<tr>
<td>Sun 26 May</td>
<td>Working Bee and Sausage Sizzle [9.30am – 12noon]</td>
</tr>
<tr>
<td>Mon 27 – 31 May</td>
<td>Camp - Years 5 &amp; 6 - Coonawarra</td>
</tr>
<tr>
<td>Mon 27 May</td>
<td>Assembly – Year 2</td>
</tr>
<tr>
<td>Wed 29 May</td>
<td>Excursion – 3AK/3TW/34B – Schramm’s Cottage</td>
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<tr>
<td>Wed 29 May</td>
<td>Excursion – Preps – Museum</td>
</tr>
<tr>
<td>Thu 30 May</td>
<td>Excursion – Years 1 &amp; 2 – Edendale Farm</td>
</tr>
<tr>
<td>Fri 31 May</td>
<td>Prep Discovery for pre-school children commencing school in 2014 [2.15 – 3.15pm]</td>
</tr>
<tr>
<td>Sat 1 Jun</td>
<td>Bunning’s BBQ Fundraiser</td>
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<tr>
<td>Mon 3 – Fri 14 Jun</td>
<td>Excursion - Years 3 &amp; 4 - Swimming Program at Aquarena</td>
</tr>
<tr>
<td>Mon 3 June</td>
<td>Assembly – Year 1</td>
</tr>
<tr>
<td>Wed 5 Jun</td>
<td>ICAS Test – Science</td>
</tr>
<tr>
<td>Mon 10 Jun</td>
<td>Public Holiday - Queen’s Birthday - NO STUDENTS</td>
</tr>
<tr>
<td>Fri 14 Jun</td>
<td>Planning Week</td>
</tr>
<tr>
<td>Mon 17 – 21 Jun</td>
<td>Assembly - Year 2</td>
</tr>
<tr>
<td>Mon 17 June</td>
<td>ICAS Test – Writing</td>
</tr>
<tr>
<td>Mon 17 Jun</td>
<td>Musical Inspiration Concert [5pm in BER Building]</td>
</tr>
<tr>
<td>Tue 18 Jun</td>
<td>ICAS Test – Spelling</td>
</tr>
<tr>
<td>Tue 18 Jun</td>
<td>Incursion – Preps – Fairytales</td>
</tr>
<tr>
<td>Fri 21 Jun</td>
<td>Excursion - Environmental Leaders [Yrs 2 - 6] - Currawong Bush Park</td>
</tr>
<tr>
<td>Mon 24 Jun</td>
<td>Reports and Portfolios sent home</td>
</tr>
<tr>
<td>Tue 25 - Wed 26 Jun</td>
<td>Parent Teacher Interviews</td>
</tr>
<tr>
<td>Fri 28 Jun</td>
<td>Last Day of Term [early dismissal 2.30pm]</td>
</tr>
</tbody>
</table>

### FROM THE PRINCIPAL

EDUCATION WEEK (20 – 24 May) – see flyer in this WHAM.

During Education Week there will be a number of activities at Milgate PS and opportunities for parents, friends, relations and prospective parents to visit and celebrate the outstanding learning that takes place every day.

The theme for the week is: **WORLD WISE** with an international focus as we want our students to become internationally minded and wise about the world.

Monday 20 May – Open morning and night – open classrooms, activities in classrooms and around the school with buskers, choir performance, prep LOTE (Mandarin) item and a sausage sizzle.
**Wednesday 22 May – National costume day and Grandparents / friends day** – students are asked to dress in a costume / clothing from their country of origin or if they have a costume from another country, they can also wear that. There will be a whole school parade at 9:15am. Grandparents / Friends are invited to visit their children in the classrooms from 12-1pm and they will be sent an invitation asking them to bring something to share with the students such as: a toy from their childhood, a favorite book, an artifact from their country of origin.

**Thursday 23 May – MALA – African drumming and Dance Performance**
All students will be attending this performance in the stadium. There will also be some activities in classrooms related to Africa which some of the parents have provided.

We hope to see many parents and friends visiting the school during this week.

**VISIT TO OUR CHINESE SISTER SCHOOL**
I will be visiting our Chinese sister school – Beijing Experimental Primary School, Beijing Normal University from 27 May – 1 June. The purpose of this visit is to see the school, learn more about their programs and talk about ways we can work together. We would like to send teachers and students to China possibly in 2014 / 2015 so I need to see the school and learn more about it before we send teachers / students over there. We will look at ways for this to happen and plan for it in the next two years.

The sister school is planning to send twelve Year 5 / 6 students to Milgate in September / October this year to spend time at Milgate PS to experience education in Australia. It would possibly be for a week. This is in the planning stages and details have not been finalized as yet. I will be planning for this with the sister school when in Beijing. They are to be hosted by families within our school community. Later in the year when the visit is finalized we will be asking for expressions of interest from families to host these students. It will be a great learning experience for our students to learn about life and school in China.

Earlier this year, a group of Milgate students made Chinese New Year cards and sent them to our sister school. We recently received a number of letters from Year 3 and 4 students at the sister school telling our students about their life in China and asking some questions. Our Year 3 and 4 students are writing letters back to those students telling them about life in Australia. These activities are providing opportunities for learning about the global community in which we all live.

**OPEN MORNING – Saturday 11 May**
On Saturday we had an open morning for prospective Prep parents. There were a number of families who visited the school. Some have children starting in 2014 and some in 2015. They visited different areas of the school and teachers were there to talk to them about the programs that the school offers, explain the curriculum and answer their questions. A number of teachers came and it was appreciated that they came on a Saturday morning. The parents who visited were very impressed with the school.

**PREP DISCOVERY DAYS (for 4yo pre-school children)**
We have had 3 Prep Discovery sessions for preschool children. They spent time in the Art room reading a story called ‘The Magic Hat’ and doing a follow up activity. They also spent time doing developmental learning activities in the Prep classrooms and a Physical Education session. There is another Prep Discovery session on: Friday 31 May [2.15 – 3.15pm].

During Term 3 there will be Storytime sessions in the library on Friday afternoons. In Term 4 there will be further transition sessions.
IB PYP (International Baccalaureate Primary Years Program) CURRICULUM CONSULTANT VISIT
Ray Sullivan, our IB PYP consultant, visited Milgate on Wednesday and Thursday last week. The purpose of his visit was to find out where we are at with the PYP and advise us as to what we need to do next to prepare for authorization / verification. He visited classrooms, talked with teachers, attended planning meetings and met with the school Leadership team. He said that we are much further ahead than he thought we would be. He discussed with us the areas we need to work on. He will now write a report; we will come up with an action plan and then work on the areas for improvement. He said that we should be ready to apply for authorization / verification by the second half of 2014. There has been a lot of work and a strong commitment from teachers to implement this and they are to be congratulated for it.

SCHOOL COUNCIL
On Tuesday night it was the school council meeting. There were reports from the sub-committees of the school council – Finance, Education, Facilities and Parents & Friends (P&F). Various educational aspects of the school were discussed such as PYP, Education Week, NAPLAN and two policies were reviewed – Professional Learning and Program for Students with Disabilities. Facilities were discussed in terms of the Working Bee on Sunday 26 May, maintenance around the school and possible projects to be completed over the next few years. The P&F fundraising for the year was approved, reports on Mother’s Day stall and future fundraising. If any parents are interested in joining a sub-committee of school council, please contact the school office.

NEW FRIENDSHIP SEAT
A purple Friendship Seat was donated to the school by the Alannah and Madeline Foundation and it has been installed in the play area at the back of the synthetic basketball court. This is a seat where students can go if they don’t have anyone to play with, and other students will come and invite them to play. It is also a place where friends can meet.

Debbie Mierisch
Principal

PREP ENROLMENTS FOR 2014
We are now accepting Prep enrolments for 2014.
Interested parents can book a school tour with our Principal - Debbie Mierisch or Assistant Principal - Mark Roberts, please contact our Office to arrange.
For sibling enrolments please come by the Office for an enrolment form or download it from our school website.
FROM THE ASSISTANT PRINCIPAL

WORKING BEE SUNDAY 26 MAY 9:00 – 12:00PM (SAUSAGE SIZZLE LUNCH PROVIDED)
Please come along and help us maintain our wonderful grounds at our Term 2 Working Bee. Without the generous support from our families we would not be able to offer the beautiful grounds that we are so lucky to have.

We have the following jobs planned for the day:
- Placing sand in the new Year 1 and 2 sandpit
- Replenishing sand in the Prep sandpit and in the senior sandpit next to the oval
- Spreading soft fall over all the playgrounds to ensure a safe playing environment
- Setting up a storeroom for the Prep Discovery equipment
- Replacing the backboards on the outdoor basketball courts
- General gardening and planting.

Please bring your own shovels, rakes, wheelbarrows (if it can fit in the car), gardening equipment on the day.

After all our hard work we will enjoy a sausage sizzle for lunch. Please complete the returnable form below to confirm your attendance.

DONATE A SLEEPER THANK YOU!
A huge thank you to all our families who have donated a sleeper to help us freshen up retaining walls. The response has been fantastic! We have already used some of these sleepers to make the new Year 1 and 2 sandpit and we will replace the rotting sleepers around the school over the coming weeks.

If you would like to donate to the fund please forward your donation of $15 per sleeper to the office. Once again, thank you for your extremely generous support.

Mark Roberts
Assistant Principal

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Working Bee
Sunday 26 May 9.30am – 12noon
Please complete and return this form to your child’s teacher.

Yes, I am happy to volunteer for the Term 2 Working Bee on Sunday 26 May from 9.30am – 12noon.

Child’s Name: _____________________________ Class: _________ No people attending: _______
International Baccalaureate
Primary Years Programme

Milgate PS has been candidate school* for the Primary Years Programme since January 2012. We are now pursuing authorisation as an IB World School. In the WHAM each week a particular aspect of the PYP will be presented and explained to give you an insight into the programme.

Learner Profile

The learner profile provides a long-term vision of education. It is a set of ideals that can inspire, motivate and focus the work of our school, teachers and students.

The Learner Profile is evident in everything we undertake at Milgate PS. We strive to exhibit all the Learner Profile attributes in all our school and community endeavours. This includes being an essential part of all our curriculum planning and design.

| Inquirers | Milgate students develop their natural curiosity. They acquire the skills necessary to conduct inquiry and research and show independence in learning. They actively enjoy learning and this love of learning will be sustained throughout their lives. |
| Knowledgeable | Milgate students explore concepts, ideas and issues that have local and global significance. In so doing, they acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines. |
| Thinkers | Milgate students exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions. |
| Communicators | Milgate Students understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others. |
| Principled | Milgate students act with integrity and honesty, with a sense of fairness, justice and respect for the dignity of the individual, groups and communities. They take responsibility for their own actions and the consequences that accompany them. |
| Open-minded | Milgate Students understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience. |
| Caring | Milgate Students show empathy, compassion and respect towards the needs and feelings of others. They have a personal commitment to service, and act to make a positive difference to the lives of others and the environment. |
| Risk-takers | Milgate students approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies. They are brave and articulate in defending their beliefs. |
| Balanced | Milgate students understand the importance of intellectual, physical and emotional balance to achieve personal well-being for themselves and others. |
| Reflective | Milgate students give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development. |

For further information about the IB PYP please visit the [www.milgateps.vic.edu.au](http://www.milgateps.vic.edu.au) and click on the Curriculum tab.

*Karlie Gooding*
Educational Leader - PYP
UPCOMING SPORTING EVENTS 2013

Tue 11 Jun | Manningham Division Cross Country

SPORTING HIGHLIGHTS: On Tuesday 7th May 50 students competed at the Templestowe District Cross Country Competition at Ruffey Lake Park. All students ran fantastic races and represented Milgate extremely well. The following 9 students placed in the top 10 in their age group and will now proceed to the Manningham Division Cross Country Competition at Yarra Glen Race Course.

Emma Mc ~ 10yr Girls
Max T ~ 10yr Boys
Georgia R ~ 11yr Girls
Abbey C ~ 12yr Girls
Lara J ~ 10yr Girls
Mitchell R ~ 10yr Boys
Thomas P ~ 12yr Boys
Petra E ~ 10yr Girls
Zac R ~ 12yr Boys

Congratulations to Jarryd W who competed at the Eastern Region Tennis Championships on Monday 13th May. Jarryd and his partner played some tough matches and ended up placing 2nd overall in his group. They then played in the semi-finals, but unfortunately lost their semi-final. Well done Jarryd. We are all extremely proud of your performance.

INTERSCHOOL SPORT: The Green Teams didn’t play their first two rounds of the season as the schools they were meant to play were away on camp. We will be playing these rounds in the last two weeks of term.

ROUND 1

<table>
<thead>
<tr>
<th>WHITE TEAMS vs. ANDERSONS CREEK P.S.</th>
<th>ROUND 2</th>
<th>WHITE TEAMS vs. OLOP P.S.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football: No game - no team from AC.</td>
<td>No game - no team from OLOP.</td>
<td>Milgate lost 14 to 47</td>
</tr>
<tr>
<td>Bat Tennis: No game - no team from AC.</td>
<td>Milgate lost 4 to 26</td>
<td>Milgate draw 5 all</td>
</tr>
<tr>
<td>Soccer: Milgate won 3 to 1</td>
<td>Milgate lost 1 to 3</td>
<td>Milgate draw 5 all</td>
</tr>
<tr>
<td>Netball A: Milgate lost 27 to 57</td>
<td>Milgate lost 2 to 8</td>
<td>Netball B: Milgate lost 2 to 6</td>
</tr>
<tr>
<td>Girls Tee Ball: No game - no team from AC.</td>
<td>No game - no team from OLOP.</td>
<td>Girls Tee Ball: Milgate lost 11 to 24</td>
</tr>
</tbody>
</table>

ROUND 3

<table>
<thead>
<tr>
<th>GREEN TEAMS vs. SERPELL P.S.</th>
<th>WHITE TEAMS vs. SERPELL P.S.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football: Milgate won 60 to 24</td>
<td>Milgate lost 27 to 57</td>
</tr>
<tr>
<td>Bat Tennis: Milgate lost 21 to 43</td>
<td>Milgate lost 8 to 11</td>
</tr>
<tr>
<td>Soccer: Milgate lost 1 to 5</td>
<td>Milgate won 3 to 0</td>
</tr>
<tr>
<td>Netball A: Milgate draw 7 all</td>
<td>Milgate lost 2 to 8</td>
</tr>
<tr>
<td>Netball B: Milgate lost 2 to 12</td>
<td>Milgate lost 2 to 6</td>
</tr>
<tr>
<td>Girls Tee Ball: Milgate lost 11 to 24</td>
<td>No score.</td>
</tr>
</tbody>
</table>

FOR YOUR INFORMATION: Milgate PS is now part of the MLC Tennis Hot Shots In Schools Program, register your child at http://hotshots.tennis.com.au/start-playing/claim to claim YOUR FREE T-SHIRT & it will also assist Milgate PS in purchasing more Tennis Equipment. When you register please make sure you nominate Milgate PS as your official venue.

SSV PRIMARY GOLF CHAMPIONSHIPS: Entries for the School Sport Victoria 2013 Primary Golf Championships are now being accepted. Register online via: http://events.golfvic.org.au/J-Tournaments-Calendar-Junior.aspx?rw=c then click on the select link next to 2013 Victorian Primary Schools Golf.

If you wish to know more about how you could help out with any aspect of the PE/Outdoor Learning Program, please contact James Will at school or have a look at the Physical Education Handbook on the Milgate PS website under the Notices section.

James Will
PE/Outdoor Learning Coordinator
Racing to a range of destinations all over Melbourne’s CBD using only public transport, Year 6 students were set the challenge of visiting as many destinations as possible, accumulating points and completing a challenge at each location.

For the week leading up to the Marathon, students researched, planned, negotiated, amended and finalised their route and timetable for the day.
I would like to comment on how wonderfully our Prep students have participated in their Mandarin lessons. They are eagerly learning some basic greetings and learning to count during this semester. They have already greeted me with ‘Ni hao’ around the school on many occasions. They are going to perform a couple of Mandarin songs at the school open night, 6.15pm Monday 20th May.

LOTE Resources

There are many resources that are available for practice your child’s language skills. The following are some useful websites and free apps that you might to like to use at home:

www.digitaldialects.com/Chinese.htm
www.betterchinese.com
http://www.bbc.co.uk/languages/chinese/
http://www.kidsgoflash.com
http://chinese4kids.net

Learn Chinese MerlionWords KTdictionary C-E Chinese Writer

Wan-Ping Nixon
LOTE Teacher

FIND MANNINGHAM BOOKLETS

Milgate families have been given the Find Manningham-Nillumbik coupon booklets free of charge as a sample and opportunity to use the coupons. These coupons are for local traders and expire at the end of October. They will be sent home soon.

LOST PROPERTY

Please label ALL uniform items with your child’s name (in English please). If you have purchased second-hand items or received some hand-me-downs, please make sure you cross out the previous child’s name and label it with your child’s name.

Lost property is located in the cupboards at the start of the Year 2 classrooms, just past the Library.

THANK YOU.
MOTHER’S DAY – STALL SELL OUT!!
Our Mother’s Day stall was held on Thursday and Friday of last week and we’ve declared it a resounding success, with almost everything sold out. Lots of mums came along to help out and we particularly appreciated the assistance from some of the parents who are new to our school. If you missed out helping this time, stay tuned for when we do it all again for Father’s Day in September. Below are a couple of photos of the stall in action…and a big thank you to Pam (in the middle) for all of her hard work co-ordinating it all.

KEEP YOUR WOOLWORTHS EARN AND LEARN TICKET SHEETS COMING
It’s now half way through the program which means the race is on to collect stickers and sticker sheets for our school. Please keep collecting and ask the kids to pop completed sticker sheets and/or loose stickers in the sticker box outside the school office or Woolworths at The Pines.

CALLING ALL DADS!! - BUNNINGS BBQ SAUSAGE SIZZLE – JUNE 1ST
A flyer has gone home this week asking Milgate Dads to volunteer to help with the Bunnings BBQ we are holding on Saturday 1st June at the Nunawading store. We have split the day into 1 hour time slots and need between 3-4 Dads each hour to help cook, serve and take the money. If you haven’t already done so, please fill in the volunteer form and send it back to the office before Tuesday 28th May!! (Mums are welcome to help too, but unfortunately the kids aren’t able to assist).

P&F Term 2 dates to remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>8:00am</td>
<td>Bunnings BBQ sausage sizzle – Nunawading</td>
</tr>
<tr>
<td>Thursday</td>
<td>9:00am</td>
<td>P &amp; F meeting – staff room</td>
</tr>
<tr>
<td>Thursday</td>
<td>6:30pm</td>
<td>School Disco</td>
</tr>
</tbody>
</table>

We’re always looking for new P & F volunteers – so why not come along to our next meeting, or visit our noticeboard outside the art room for more information.

Angela Eichler
P&F President – milgate.pf@gmail.com
This week at After School Care...

The team at After School Care had a great week. Due to the mixed weather we seem to be having, we are taking every possible opportunity to play outside.

It was yet another busy week, with lots of activities going on all at once. The students have completed our “Meet the Team at OSHC” wall, which is covered in profiles of each student that attends. As it has been quite cold over the past few days, we have enjoyed making popcorn, pancakes and Milo to warm us up!

Due to popular demand, our Lego Competition will be running until the end of term. All the work is currently on display for the week so please feel free to come down and look at (but not touch) the amazing constructions.

Also, I would like to say a big thank you to all those who helped clean up our area and storeroom this week and last week. Erin, Sourav, Taya, Amelia, Ethan, Ruby and Ellie, it was great to have you volunteer without hesitation. I’m sure you enjoyed your bonus popcorn treat.

Parents please note: I am currently updating the Camp Australia enrolment forms. If I have given you a form, please fill it out, sign and return it to me as soon as possible. If you have any questions, please do not hesitate to ask me.

Elyse
Dear Parents and Families,

The Scholastic Book Fair will be at our school on the 20th and 21st of May, and our annual Book Fair evening is scheduled for 20th May, from 6pm-8pm. It will be held in conjunction with Milgate Primary School’s open night as part of Education Week.

The exciting theme for our 2013 Book Fair is **All-Star Book Fair: Every Reader is a Star!** We need volunteers to help put on a one-of-a-kind Book Fair. We hope you will share your talents and join us as we bring this memorable reading celebration to our school.

If you have some time to help us conduct our next Book Fair, please complete the form below and circle the areas where you would like to help out. Send the form back to the school.

Sincerely,

Karen Jensen
Book Fair Organiser

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**Sign me up to help at the Book Fair!**

Complete and return the slip below or email us your details instead at milgate.ps@edumail.vic.gov.au

Name ______________________________ Telephone __________________
E-mail ______________________________

I have circled areas where I’d like to help out:

- Setting up the Fair
- Cashiering
- Packing up the Fair

---

Read Every Day. Lead a Better Life.
## ACTIVITIES AT MILGATE - TERM 2

### Basketball
- Milgate Community Basketball for students in Years 1 - 6.
- Cost: $30 registration and $30 for basketball top.
- Enrolment forms available at the Office.

### Chess Club
- Mondays
- Term 2 commenced 15 April for 10 weeks (excludes 10 June)
- 3.30 to 4.30pm in Library
- $9.50 per lesson
- Enrolment forms available at the Office, on Milgate’s website (under ‘Notices’) or visit www.chessideas.com.au

### Formosa Chinese School
- Saturdays
- 9.45am – 12.30pm or 10am – 12noon for 2yo Playgroup
- Please contact Teresa Chen (Principal) on 0412 037 192 or principal@formosa.org.au.

### Kelly Sports (Prep to Yr 4)
- **Brilliant Ball Sports**
  - Tuesday 3.40 - 4.40pm
  - DONT MISS OUT ON HITTING A SIX! BRILLIANT BALL SPORTS allows your child to play a range of dynamic and active programs run over 10 weeks; these include: Soccer, Football, Netball, Basketball and Crazy Games! This Program will not only provide an essential base for your child's motor skills but help build awareness, co-ordination and friendship all in an enjoyable environment.

- **Gym Fun**
  - Wednesday 12.50 - 1.50pm
  - This fun fast paced, highly active and non-stop program is an introduction for your child to the world of gymnastics. Colourful ribbons, entertaining Hula Hoops, incredible Rhythmic Routines and Group Dynamics. Allow your child to build their gymnastics skills and their thirst for exciting energetic activities.
  - Available for students in Years 1 – 6 who have qualified.
  - Enrolment forms available at the Office or visit www.kellysports.com.au/zone/templestowe

### Musical Inspiration
- **Music lessons available for trumpet, drums, saxophone, clarinet, flute, keyboard/piano, violin, cello, acoustic guitar, electric guitar, bass guitar and singing.**
- Lessons rotate during school time.
- Brochures/enrolment forms are available at the Office or on Milgate’s website (under ‘Notices’).

### WiseOnes
- **Heroes, Villains and Star Wars**
  - Monday (commences Monday 29 April for 8 weeks)
  - What leads us to change from good to evil or reverse? Remember in Star Wars Darth Vader, Dark Lord of the Sith, was the scourge of the Jedi but he began life as Anakin Skywalker, a young slave from Tatooine, skilled in piloting and strong in the Force. The path of a Jedi is often difficult, filled with conflict and pain, yet Luke Skywalker, a simple farm boy, became the greatest hero the galaxy has ever known. Meet other heroes - Hercules, Penelope, Arthur, Boadicea, Weary Dunlop, John Monash and more amazing 20th century people who showed heroic characteristics. Are you a hero too? Learn more about drama and acting. Learn play-writing and how to develop dialogue. Tell great stories old and new.
  - Enrolment forms available at the Office or on Milgate’s website (under ‘Notices’).

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**Contact**

**Carol Slattery**
- [Office hours]
- Phone: 03 9431 3743
- Mob: 0425 854 544

**Suzanne Barr**
- [After hours and weekends]
- Phone: 03 9431 3743
- Mob: 0430 334 808

For more information visit [www.actiondramastudio.com.au](http://www.actiondramastudio.com.au)
COMMUNITY NEWS

Please see our Community Noticeboard (located opposite the Art room) for any interesting community events. The Department of Education and Early Childhood Development (DEECD) does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education and Early Childhood Development (DEECD) or Milgate Primary School for accuracy of information contained in advertisements or claims made by them.

ACTIVITIES FOR CHILDREN

BASKETBALL

Nunawading Vikings – Junior Programs
When: Saturday 16 March
Details: Get involved with Aussie Hoops & Mini Ball. Learn the fundamentals of basketball at -
Aussie Hoops Program: Tuesday’s 5:00 – 7:00pm (Two Sessions)
Ages: 5 – 7yrs (5-6pm Session) 7½ - 10yrs (6-7pm Session)
Cost: $70 1st timers/ $48 repeat
The next steps designed after Aussie Hoops is -
Mini Ball Program: Monday’s 5:00 – 6:00pm
Ages: 7 – 10 years old
Cost: $70 1st timers/ $50 repeat
Venue: Slater Reserve Stadium [Grosvenor St, Blackburn]
Contact: 9877 9859 | programs@nunawadingvikings.com.au

FAMILYZONE

The Salvation Army
When: Sunday 19th May @ 3.29pm
Cost: $7 per day
Details: A space for your family to grow, featuring parenting spot and live music. An hour of whole family (intergenerational) fun, all followed by a light meal (cost $10 per family). Please come and share our next fun filled time as we look at "Help...this messy life!" How do we manage the 'stuff' of life which can often be MESSY...and so...for all kinds of messy craft, games and fun, come and join us.
Venue: 37 Taunton Street, Doncaster East
Contact: 9842 4744 | www.salvationarmy.org.au/doncaster

PERFORMING ARTS

Childrens Performing Company of Australia
Details: Join us in the spotlight! Call now to book your free, no obligation audition. Two yearly intakes, next classes starting Semester Two: July-August.
Venue: 18 venues across Melbourne [inc Templestowe]
Contact: 9384 1644 | www.c pca.com.au

FOR PARENTS / CARERS

COURSES

Children’s Services – Certificate III
When: 13 May – 28 November BULLEEN
25 July – 14 December PARK ORCHARDS
Cost: $1500 [or $510 if you are entitled to Government funding] includes all study materials
Details: Our course especially caters for mature aged learners, those who are new to tertiary study and those returning to study. Our class has a maximum of 14 students so individual attention is guaranteed.
Website: www.parkorchards.org.au
Contact: 9876 4381
COMMUNITY NEWS (Cont’d)

Parenting Anxious Children
When: Tuesday 28th May
Cost: $20
Time: 7 – 9pm
Details: This seminar is designed for parents of pre & primary school age children. Topics to be covered include: ★ Anxiety and normal childhood development ★ How personality and environment contribute ★ The signs and symptoms associated with anxiety in children ★ Helpful ways to support your child ★ Tips on building resilience ★ Where to go for more information/help
Venue: Balwyn Library [336 Whitehorse Road, Balwyn]
Website: www.arcvic.org.au
Contact: BOOKINGS ESSENTIAL 9830 0566 | 1300 ANXIETY | arcmail@arcvic.org.au

RECONCILIATION WEEK
Manningham City Council
Events:

Exhibition: Bengek nyarrwa Bengoot. Errantherre Yenge eweme (I see you, I hear you)  
Wed 22 May – Sat 29 Jun

Exhibition Opening & Reconciliation Week Program Launch  
Wed 22 May 6 – 8pm  
Bookings 9840 9367 by Fri 17 May

Exhibition: Public Program Artist Floortalk  
Sat 25 May 2 – 3pm

Aboriginal Dreamtime Story Time (3-6 years)  
Wed 29 May 11am – 12noon  
Free, no bookings required.

The Birrarung Story in Manningham: Public Lecture  
Thu 30 May 6.30 – 8pm  
Free, limited places, bookings essential 9877 8500

Film Night  
Wed 29 May 7 – 9.30pm

Disability and Aboriginal Cultural Competency Training  
Workshop 1: Thu 30 May 9am – 4.30pm [register online www.trybooking.com/CRSO]  
Workshop 2: Wed 12 Jun 9am – 4.30pm [register online www.trybooking.com/CRSP]  
$70 per person
Enquiries 8720 1100 or bayswaterreception@each.com.au

Yingabeal: Naming of the Songline Tree at Heide Museum of Modern Art  
Sat 1 Jun 11am – 2pm  
No bookings required, enquiries 9842 3598

Website: www.wml.vic.gov.au
Contact: 9877 8500
### MILGATE ACHIEVERS 2013

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<tr>
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<th>Week 3</th>
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<tr>
<td>Prep CJ</td>
<td>Patrick</td>
<td>Stella</td>
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<td>Prep JP</td>
<td>Aramis D</td>
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<td>Prep MT</td>
<td>Tom M</td>
<td>Tanush S</td>
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<td>Prep PM</td>
<td>Ishanth S &amp; Frankie M</td>
<td>Scarlett R &amp; Ethan M</td>
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<td>1LS</td>
<td>Shaun T</td>
<td>Christian T</td>
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<td>1SB</td>
<td>Denny B - Commitment</td>
<td>Marty P – Commitment</td>
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<tr>
<td>2PK</td>
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<td>Brianna</td>
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<td>2SL</td>
<td>Amy P – Creativity</td>
<td>Yash L – Commitment</td>
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<td>2WH</td>
<td>Edwyn C - Independence</td>
<td>Alyna N – Knowledgeable</td>
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<td>34B</td>
<td>Arya A - Caring</td>
<td>George CJ</td>
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<td>3AK</td>
<td>Kaivan S &amp; Evan C</td>
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<td>3TW</td>
<td>Sienna M</td>
<td>Jordan C</td>
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<td>4AA</td>
<td>Sara P</td>
<td>Joshua L</td>
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<td>4LH</td>
<td>Lydiah F - Inquirer</td>
<td>Jacob K – Thinker</td>
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<tr>
<td>4RW</td>
<td>Chanel – Caring</td>
<td>Stafford L</td>
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<td>5CH</td>
<td>Lachlan G - Principled</td>
<td>Simon R – Co-operation</td>
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<td>5DM</td>
<td>Jessica M - Caring</td>
<td>Claudia M – Reflective</td>
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<td>5KW</td>
<td>Brenda K - Communicator</td>
<td>Kendrick L</td>
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<td>6FB</td>
<td>Briana K</td>
<td>Tanya C</td>
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<td>6JC</td>
<td>Kyah</td>
<td>Alana K</td>
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<td>6KG</td>
<td>Carissa M</td>
<td>Joel C &amp; Laura J</td>
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<td>ART</td>
<td>Jasmine G [6JC]</td>
<td>Yvette T [3TW]</td>
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<td>LOTE</td>
<td>Raqib S [4RW]</td>
<td>Isabel S [PCJ] &amp; Alysha V [PCJ]</td>
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<td>PE</td>
<td>Toby N [6KG]</td>
<td>Sebastian C [PPM]</td>
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Each student receives a certificate from their teacher detailing the reason for their award.

**Congratulations** to these students on a job well done!
Many kids today are sleep-deprived.

A study reported in Fairfax media this week, suggests that sleepiness is holding many Australian children back in the education race. Sleep research carried out in 50 countries, involving 900,000 Year 4 aged students found that Australian kids in the study were the fifth most sleep-deprived in the world. Anecdotal evidence supports this claim.

Most teachers I meet tell me that a significant number of their students don't get enough sleep. Disturbingly, sleepy kids hold back educational outcomes with many teachers altering their teaching to account for sleepy kids.

The study found that 67% of students were in classrooms held back by sleepy kids. Lack of sleep is not merely a learning issue. It's a massive well-being issue for children.

Mental health authorities have long identified lack of sleep as having a negative impact on children's general well-being. And as any parent can attest to, tired kids are genuinely more grisy, short-tempered, even unpleasant to be around.

Okay so what can you do to make sure your child or teenager gets enough sleep - somewhere between 8 to 10 hours a night.

Here are some ideas:

1. **Do a lifestyle check.** Some kids are so busy that they need to go to bed later than is healthy just to fit everything in. Have a look at their routines to see if there are activities that can be eradicated to free up some much-needed sleep time.

2. **Keep regular bed-times.** This sounds obvious but your child's internal sleep clock loves routine. Set a bed-time and stick to it, and let them stay up later on weekends. (My book One Step Ahead has lots of strategies to get you kids to bed.)

3. **Have a bed-time routine.** A routine such as story, bath and teeth-cleaning signal psychologically it's time for sleep. These cues are important to induce sleepiness.

4. **Have a wind-down time.** Start winding down 45 minutes out from bedtime and remove stimuli such as TV, mobiles and other screens that keep kids awake. Limit food and caffeine intake as well close to bedtime.

5. **Keep bedrooms for sleep and not for TV or other screen-viewing.** Bedrooms that resemble caves are the go. If possible, homework should be done in another area of the house so bedrooms are associated with sleep and relaxation.

6. **Work with the 3 sleep cues.** Make sure your child's room is dark (cue 1); lower the body temperature (cue 2) with baths or good ventilation; and stick to the sleep cycles (cue 3) of your child.

Better knowledge of the biology of sleep and of sleep patterns, as well as instigating good sleep habits, will go a long way to helping kids and teens get a regular good night's sleep. It will not only benefit their learning, but their well-being and behaviour will be impacted as well.